



NEWS & UPDATES

August 9th, 2008

Good news from Nicholasville! Rick has just completed his follow-up PET/CT scan to check for resistant cancer cells and the scan showed no active cancer. He had a little scare last week with some pain near his left hip but the MRI showed that the pain was from a torn muscle and Rick is not allowed to run for two more weeks. This was unrelated to cancer except that the radiation probably made his muscle more likely to get torn with hard running. Overall Rick is doing very well. He is still having some nerve injury side effects from chemotherapy that are causing some pain in his legs.

Rick's immune system is getting stronger and most of his special diet is no longer necessary. He has been able to enjoy fresh vegetables from the garden that were previously off limits. He is also happy to be able to eat in the cafeteria again. He still has to be careful to avoid germs when he is in a crowded area. The next step is for Rick to have some nerve testing done at Harvard and then he will probably start some mild chemotherapy called Revlimid that should help keep the cancer away.

Information Links:

www.dfhcc.harvard.edu/home/
www.LLS.org/myelomaeducation
www.multiplemyeloma.org